



Diagnostic value of serum procalcitonin for diagnosis of bacterial infection in patients with chronic kidney disease under hemodialysis

Rasoul Estakhri^{1,2}, Nava Moghadasian Niaki^{3*}, Hamid Noshad⁴, Mohammad Asghari⁵, Hojjat Barghi³

¹Kidney Research Center, Tabriz University of Medical Sciences, Tabriz, Iran

²Department of Pathology, Sina Training and Treatment Center, Tabriz, Iran

³Department of Pathology, Imam Reza Training and Treatment Center, Tabriz, Iran

⁴Department of Nephrology, Sina Training and Treatment Center, Tabriz, Iran

⁵Department of Epidemiology, Health and Nutrition Faculty, Tabriz, Iran

*Correspondence to

Nava Moghadasian Niaki,
Email: Moghaddasiann@
tbzmed.ac.ir

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Abstract

Introduction: Bacterial infections are common causes of mortality and morbidity among chronic kidney disease (CKD) patients under hemodialysis.

Objectives: In this study the diagnostic value of serum procalcitonin for diagnosis of bacterial infections in patients with CKD under hemodialysis was assessed.

Patients and Methods: In this cross-sectional comparative investigation, 47 patients with CKD under hemodialysis were enrolled to the study. We studied the relationship of serum procalcitonin (PTC) and C-reactive protein (CRP) levels (before and after dialysis) with "positive bacterial culture" and "systemic inflammatory response syndrome (SIRS)" results. Sensitivity and specificity were determined by ROC test.

Results: Serum PTC before and after dialysis as well as the CRP before dialysis had no significant association with positive bacterial culture ($P=0.492$, $P=0.1$ and $P=0.268$ respectively), however after-dialysis CRP had a significant association with positive bacterial culture ($P=0.032$).

Conclusion: According to the obtained results, it may be concluded that the diagnostic value of serum PTC for diagnosis of positive culture bacterial infections in hemodialysis patients is not satisfactory since the serum CRP level especially after dialysis is more useful.

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Introduction

Chronic kidney disease (CKD) is seen in ten percent of Americans adults (1,2). Hemodialysis is the main dialysis method with 23% mortality rate, since among them infection is the main cause of death (3). The relative risk of mortality in hospitalized hemodialysis patients with bacteremia and septicemia, in first six months of starting the dialysis is seven times more versus non-hospitalized subjects (4), with even higher hospital admission for septicemia in hemodialysis versus peritoneal dialysis cases (5). End-stage renal disease cases are susceptible to systemic bacteremia with worse prognosis and more complications (6-8). Patients under hemodialysis are susceptible to catheter and blood infections (9). The symptoms of infection in these patients are usually mild and non-specific since, the usual laboratory markers are affected by uremic status such as leukocyte count, C-reactive protein (CRP), erythrocyte sedimentation rate (ESR), and interleukins including interleukin

Key point

In a study on 47 patients with CKD under hemodialysis, we found that serum C-reactive protein had better applicability versus procalcitonin and the increase in C-reactive protein had a better predictive value.

6 (IL-6), IL-1b, and also TNF-alpha (10,11). CRP is a sensitive non-specific index for infection (12), since ESR and leukocyte (WBC) count, are not useful to differentiate infectious and non-infectious etiologies (13). Additionally, microbiological cultures may be slow and non-sensitive (14,15). Procalcitonin (PCT) is currently introduced with half-life of 25-30 hours showing infection in serum levels over 0.5 ng/mL (16). It increased in patients with bacterial and fungal infections that have normal renal function (17). Despite other markers, it is not increased in viral and local infections and also non-infectious inflammations (18,19). PCT may be removed by renal pathway due

to small molecular size (20). However, it is not the main metabolic route (21); it may be increased in CKD cases (22,23). Regarding the interaction between PCT level with vitamin D, aluminum toxicity, beta 2 microglobulin and secondary hyperparathyroidism, these parameters should be considered in metabolic assessment (24). High rate of bacterial infections in CKD cases may make difficult differentiation between non-infectious inflammations (25), antibiotic resistance, and drug hypersensitivity in cases under empirical antibiotic therapy (26-29). This condition led to a need for further accurate methods in hemodialysis patients (30,31).

Objectives

In this study the diagnostic value of serum PTC for diagnosis of bacterial infections in patients with CKD under hemodialysis was assessed.

Patients and Methods

Study design

In this cross-sectional comparative study, 47 patients with CKD under high flux hemodialysis three times weekly (each time 4 hours) in hemodialysis sections of two hospitals in Tabriz, Iran in 2018 were enrolled. Inclusion criteria were age older than 18 years, CKD, suspicion of bacterial infections (according to weakness, fever, chills after dialysis in last two weeks, painful or inflamed fistula, discharge, redness and warmth at catheter site, upper/lower respiratory tract infections, upper/lower urinary tract infection, skin and soft tissue infection, diabetic ulcer, peritonitis, intra-abdominal wound, other infection foci, radiological/ultrasound evidences for infectious focus, and minimally two systemic inflammatory response syndrome (SIRS) criteria (32). Exclusion criteria were rheumatologic diseases/malignancy, current surgery, burn in last 4 weeks, antibiotic therapy longer than 48 hours and we also excluded all patients with remarkable malnutrition according to serum albumin, calcium, phosphorus and muscular mass loss.

Microbial culture (done for blood samples up to three times), CRP, PCT, urea, and creatinine were assessed to determine the dialysis adequacy. Additionally, CBC, serum calcium, and phosphorus were assessed. The serum PTC, CBC, and CRP levels were compared between those with and without positive cultures while sensitivity and specificity were determined by ROC test. We corrected PCT values for all patients during hemodialysis according to amount of ultrafiltration (volume reduction). Besides, the other clinical, laboratory and demographic factors were evaluated and recorded in the checklists.

The CBC was assessed with Sysmex, Japan device by impedance electricity. The CRP was measured by turbidimetric method (Pars Azmoon, Iran kit) and by Mindry device, China. For PCT the Rosh, American-Germany kits were used.

Ethical issues

Human rights were respected in accordance with the Helsinki Declaration 1975, as revised in 1983. The ethical committee of Tabriz University of Medical Sciences (Ethical code; IR. TBZMED.IR.1395.204) approved the study. The informed consents were taken from the patients. Besides, this study was extracted from the M.D, thesis conducted by Nava Moghadasian Niaki (Thesis# 94.3-6.10) at this University.

Statistical analysis

Data analysis was finally done by STATA14 software. The utilized test was ROC and area under the curve (AUC) was calculated for CRP and PTC with appropriate sensitivity and specificity. In addition, Wilcoxon and *t* tests were utilized. *P* values less than 0.05 were considered significant.

Results

In this study, the mean age was 62.2 ± 17.5 years, with 23 males and 24 females. The mean BMI (body mass index) was 26.5 ± 5 kg/m². In 11 cases, there was a history of intensive care unit (ICU) admission. Catheter and fistula were seen in 89.4% and 12.7%, respectively. Catheter was in jugular vein, subclavian, and femoral in 54.8%, 19% and 26.2% of patients, respectively. In addition, the fistula infection was present in 16.7%.

Para-clinical Data

The culture was positive in 20 cases (42.6% including 9 cases of blood culture, 10 patients with urine culture, 1 catheter culture, 1 wound culture, 1 ascites culture, and 1 with synovial fluid culture). Gram staining was positive in 77.8%. Urine culture was positive in 21.3% that was gram-positive in 10%. The microbial germs were pseudomonas, *E. coli*, *Klebsiella*, enterococci, *Staphylococcus aureus*, *Staphylococcus epidermidis*, and streptococci in 1, 10, 4, 3, 3, 4, and 1 case. The results of cell count and biochemical tests are shown in Table 1.

As shown in Table 2, the serum levels of PCT and CRP had no significant difference before and after dialysis ($P > 0.05$). The laboratory measurements in variables are shown in Table 3 while among them only hemoglobin and ionized calcium were significantly different.

Data analysis according to culture results

The PTC level before and after dialysis was not related to infection ($P = 0.492$ and 0.1). Additionally no significant association was found for CRP and infection before dialysis. However, post-dialysis CRP was significantly related to infection ($P = 0.032$) with AUC of 0.684 and sensitivity and specificity of 80% and 70.4% with cut-off 66. AUC for WBC and PMN was 69.99% (Figure 1).

As shown in Table 4, PCT before and after dialysis and CRP before dialysis were not related to culture results ($P > 0.05$); serum CRP after dialysis had a significant difference between culture positive and culture negative

Table 1. Cell count and biochemical tests in patients

Factor	Mean	Median	Standard Deviation	Minimum	Maximum
WBC (count/mL)	13544.04	10900.00	6697.19	4500.00	36200.00
Neutrophil (%)	80.12	83.65	13.77	13.20	96.30
Lymphocyte (%)	14.20	10.90	13.03	2.70	85.80
Hemoglobin (g/dL)	9.82	9.50	1.62	6.00	13.40
MCV (fl)	88.03	87.70	7.52	62.00	106.00
Platelet (count/mL)	225000	2040	91732	65000	436000
Albumin (g/dl)	3.12	3.30	0.72	1.30	4.10
Total calcium (mg/dL)	8.19	8.20	1.12	4.80	11.60
Ionized calcium (mg/dL)	1.02	1.01	0.15	0.72	1.58
Phosphorous (mg/dL)	5.27	4.80	2.36	1.40	12.30

Table 2. Renal and inflammatory markers before and after dialysis

Factor	Mean	Median	Standard Deviation	Minimum	Maximum
Urea-before (mg/dL)	138.95	120.00	64.55	48.00	325.00
Urea-after (mg/dL)	94.27	90.00	48.30	33.00	267.00
Cr-before (mg/dL)	6.77	5.87	3.19	3.00	16.13
Cr-after (mg/dL)	4.96	4.58	2.21	1.83	11.80
PCT-before (ng/mL)	2.72	1.18	4.52	.05	24.75
PCT-after (ng/mL)	3.48	1.25	6.91	.04	33.00
CRP-before (mg/L)	73.37	67.00	35.27	2.20	136.30
CRP-after (mg/L)	74.95	67.00	36.49	2.80	148.00

patients ($P=0.032$). Serum PCT and CRP were not differed according to mortality in patients ($P>0.05$). Serum PCT before and after dialysis and CRP before dialysis were not related to ICU admission ($P>0.05$); however, after dialysis, CRP levels were significantly higher in ICU admitted cases ($P=0.044$).

Data analysis according to SIRS results

As shown in Figure 2, the WBC, PMN, lymphocyte and platelet were significantly differed between positive and negative SIRS groups ($P<0.05$) with AUC of 100%, 97.5%,

100%, and 95%, respectively. Moreover, as demonstrated in Figure 3 and Table 5, the initial PCT ($P=0.011$) and final PCT ($P=0.003$) and the final CRP ($P=0.004$) had significant difference according to SIRS with AUC of 72.5%, 76.4%, and 75.9%, respectively.

Discussion

In this study, the diagnostic value of serum PTC for diagnosis of bacterial infections in patients with CKD under hemodialysis was assessed. In this study, the base for comparison was conducted once by culture and once by SIRS. For culture comparison, the PCT before dialysis had AUC of 56% and after dialysis, it was 65%. It was 60% and 68% for CRP before and after dialysis, respectively. This study showed lower predictive value of PCT versus CRP according to culture. When classification of patients to infectious and non-infectious groups was conducted by SIRS criteria, better diagnostic values of PCT and CRP were obtained. The possible cause of this difference was presence of slow-growing microorganisms or false positive/negative results. Additionally, the higher cut-off point for PCT and CRP versus the general population should be considered for data interpretation in dialysis patients.

El-Sayed et al (30) reported that PT had sensitivity and specificity of 80% and 35% with cut-off point of 0.5. Similarly, they reported that PCT had no good sensitivity and specificity like our study when comparing by culture. Lee et al (28) reported, a significantly higher serum PCT in infection cases. They considered cut-off point of 0.75

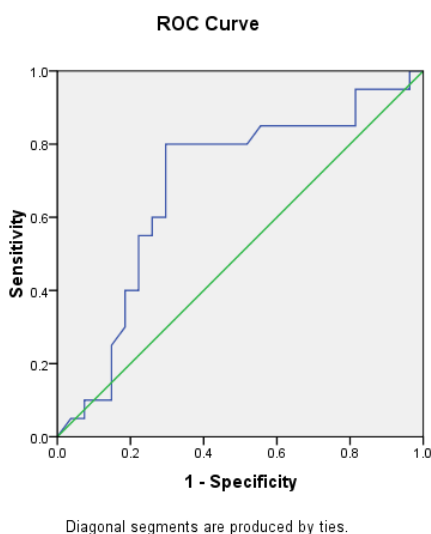
**Figure 1.** ROC curve for after-dialysis CRP.

Table 3. Laboratory markers in cases with positive and negative culture

Variable	Culture	Mean	Standard Deviation
Age (y)	Positive	68.1500	17.10732
	Negative	57.8148	16.82955
WBC (count/mL)	Positive	15400.0000	5906.90942
	Negative	12169.2593	7017.42169
PMN%	Positive	84.1600	10.12492
	Negative	77.0154	15.50478
Lymphocyte%	Positive	10.2650	7.59226
	Negative	17.2415	15.49021
Hb (g/dl)	Positive	10.3650	1.58056
	Negative	9.4077	1.55356
MCV (fl)	Positive	86.9842	8.27864
	Negative	88.8000	6.98478
PLT (count/mL)	Positive	233150.0000	100021.19512
	Negative	218480.0000	86066.89259
Urea before (mg/dL)	Positive	143.2000	67.58823
	Negative	135.8148	63.33005
Urea after (mg/dL)	Positive	97.9500	47.16765
	Negative	91.5556	49.84695
Cr before (mg/dL)	Positive	6.7737	3.09715
	Negative	6.7733	3.32262
Cr-after (mg/dL)	Positive	5.0184	2.39039
	Negative	4.9237	2.13659
Alb (g/dL)	Positive	2.7857	.77552
	Negative	3.3250	.64544
Ca total (mg/dL)	Positive	8.4000	1.06829
	Negative	8.0667	1.15392
Ionized calcium (mg/dL)	Positive	1.0873	.19285
	Negative	.9870	.11138
Phosphorus (mg/dl)	Positive	5.4500	2.55671
	Negative	5.1556	2.26806
BMI (kg/m ²)	Positive	26.5466	5.58320
	Negative	26.5275	4.71329
GFR (mL/min/1.73 m ²)	Positive	10.9168	4.61579
	Negative	13.0243	5.23973

Table 4. Serum PCT and CRP in positive and negative cultures

Variable	Culture	Mean	Standard Deviation
PCT before(ng/mL)	Positive	3.38	6.13
	Negative	2.22	2.81
PCT after (ng/mL)	Positive	4.41	8.08
	Negative	2.77	5.95
CRP before (mg/L)	Positive	81.58	38.03
	Negative	67.30	32.47
CRP after (mg/L)	Positive	87.11	32.93
	Negative	65.95	36.95

for PCT leading to sensitivity and specificity of 76% and 80%. However, these findings were lower in our study according to culture that was improved according to SIRS. Accordingly, Herget-Rosenthal et al (30) reported sensitivity and specificity of 89 and 81 percent for cut-off point of 0.5 for PCT that was higher than CRP amounts of sensitivity and specificity in their study; however in our study CRP had better sensitivity and specificity in comparison to PCT, according to culture results.

Similar to our study, Steinbach et al (33) reported an

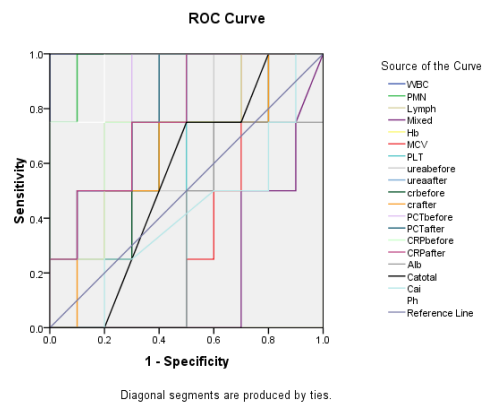


Figure 2. Comparison of variables according to SIRS.

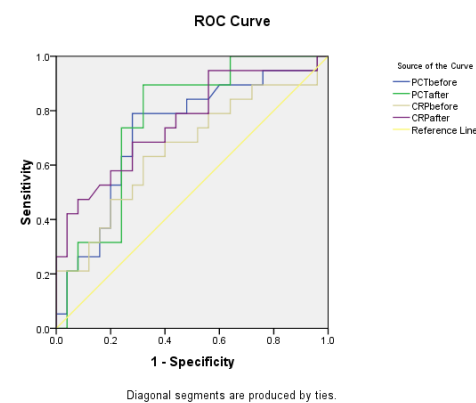


Figure 3. Comparison of PCT and CRP according to SIRS.

Table 5. PCT and CRP cut-off, sensitivity, and specificity according to SIRS

Variable	Cut-off	Sensitivity	Specificity
PCT before (ng/mL)	1.22	73.7%	72%
PCT after (ng/mL)	1.29	73.7%	72%
CRP before (mg/L)	66	66%	63.2%
CRP after (mg/L)	61.1	60%	73.2%

increase in PCT and CRP levels with lower diagnostic value for PCT against CRP. Dumea et al (34) reported bacterial infection in 58 out of 82 patients showing with higher PCT in infection cases leading to sensitivity and specificity of 93 and 79 percent with cut off 0.5. In our study, the PCT had not good results in comparison to culture results, but better results were seen when compared by SIRS. In the study by Fadel et al (35) among 102 patients of CKD with 34 culture positive cases showed sensitivity and specificity of 94% and 88% for PCT with a cut of point of 0.5, respectively. These results were low in our study compared to the culture results, but improved by SIRS.

Conclusion

In our investigation, PCT has not acceptable diagnostic value in detection of bacterial infection in CKD patients on hemodialysis. Among the possible causes for these

differences of results between our and previous studies, small sample size, lack of matching for ionized calcium (regarding the effect on calcitonin), and subdivision according to culture results (as gold standard of infection diagnosis), may be mentioned.

In the second phase of this study, our findings are also improved when we used SIRS results for evaluation of our data instead of culture results. It means that when we used the SIRS criteria as a base for comparison, better sensitivity and specificity were obtained with more similarity to other studies. This comparison of findings according to culture and SIRS results is distinguishing point of our study. Since our study was cross-sectional, the matching ability was decreased between groups. However, two groups were matched in majority of cases. The important causes of differed results between culture and SIRS were slow-growth of some organisms, simultaneous fungal or parasitic infections, human errors, non-reliable drug history especially for self-prescribed use of antibiotics leading to high-effect in PCT versus CRP when used in current 48 hours. Among other possible causes, sampling techniques and processing methods beside the pathogen microorganisms may be also considered when culturing the samples. These are effective on culture but the SIRS factors are less affected. In addition, it should be considered that this study was first time in Iran among stable hemodialysis patients. In addition, as an important point, we assessed both PCT and CRP markers while both culture and SIRS results were applied for comparison. We found that CRP had better applicability versus PCT and the increase in CRP had a better predictive value. However, the presence of some confounding factors needs to be considered in further studies.

Limitation of the study

The main limitation of our study is the low number of patients.

Authors' contribution

Design of the study and selecting the patients; RA, HN and NMN. Gathering the patients and data entering; NMN and HB. Data analysis; MA and NMN. Primary draft by RA and NMN. Final edition by RA, NMN and HB. All authors read and signed the paper manuscript.

Conflicts of interest

The authors declared that there was no conflict of interest.

Ethical considerations

Ethical issues including plagiarism, double publication, and redundancy have been completely observed by the authors.

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