



World lupus day 2016

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Key point

World lupus day (WLD), reflects the necessity for heightened public knowledge, ameliorated patients' healthcare services and to increase investigations on the etiology and a cure for systemic lupus erythematosus (SLE), enhanced physicians' diagnosis and finally treatment of this disease.

From 11 years ago, of first announcement of world lupus day (WLD), most of the efforts and essays has been directed toward treatment of systemic lupus erythematosus (SLE) (1). WLD, reflects the necessity for heightened public knowledge, ameliorated patients' healthcare services and to increase investigations on the etiology and a cure for lupus, enhanced physicians' diagnosis and finally treatment of lupus. Additionally epidemiological data on lupus throughout the world was an another aim (1,2). Likewise, after first proclamation of WLD in 2004 by an international steering committee, an activity was finding the modalities to interact governments and also other professional health care's to provide financial support for lupus investigations, awareness and also patient services (2,3). This aim was based on the fact that, more than five million people globally suffer the devastating effects of this illness and every year over a hundred thousand young women, men and children are newly identified with SLE, while enormous group of whom are unfortunately women of childbearing age. It is to remember that, various, medical investigations and efforts were toward to the discovery of safer and more effective treatments for this divesting disease (2-4). Lupus is an autoimmune illness that can cause an intense injury to the various tissues and organs in the body especially to the kidney which, in some cases leads to end-stage renal failure and sometimes death. In this disease, the immune system develops antibodies to cells in the body directing to wide-spread inflammation and tissue injury (2-4). The causes of SLE are still unknown, however various studies showed, it is linked to some factors such as genetic, hormonal disturbances and even environmental conditions. SLE has a variety of signs and symptoms and can

influence kidneys, blood vessels, skin, brain and lungs. Lupus nephritis is the most terrible complication of SLE and is responsible for the main part of morbidity and mortality of this illness. About 60% of adults and 80% of children with SLE develop nephropathy of lupus (3-6). Our mission in this day is dedicating to solve the mystery of SLE, as one of the world's devastating diseases.

Author's contribution

HN was the single author of the paper.

Conflicts of interest

The author declared no competing interests.

Ethical considerations

Ethical issues (including plagiarism, data fabrication, double publication) have been completely observed by the author.

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